Inserts Found In Your Sunday Paper

Your Sunday paper circulates 3 coupon inserts regularly. .

RP – Red Plum

SS – Smart Source

P&G – Procter & Gamble

\$1.00/1 = \$1 off when you buy 1 product, etc.

\$1.00/2 = \$1 off when you buy 2 product, etc.

B1G1 = Buy 1 get 1 FREE

BOGO = Buy 1 get 1 FREE

B1G50% = Buy 1 get 50% off the second one

Blinkies = Coupons that come from little black boxes next to the item. Pull out the coupon from the box.

Cat = shorten version of Catalina

Catalina = A coupon that prints out of the Catalina machine at the checkout lane.

These might be for money off of a product when you buy it or a coupon for money off your next purchase.

CC = Credit Card

CRT = Cash register Tape – generally used to refer to CVS coupons that print from the Magic Coupon Center or on the bottom of the receipt.

DD = Dead deal ~ Be sure to check the deal yourself, the deal may still be available in your store.

ECB =Extra Care Bucks from the CVS

EXP = Expiration Date

FAR = Free After Rebate

GC = Gift Card or Gift Certificate

HT = Hang Tag ~ you will find these around the necks of bottles

IP = Internet Printable (printable coupon), aka "printable"

IVC – Walgreen's Instant Value Coupon (found in the weekly ad or in booklets located usually at the front of the store).

Q – Short for coupon.

MFR = manufacturer ~ Usually referring to a manufacturer coupon.

MIR = Mail In Rebate

NED = No Expiration Date

NSR = No Size Restriction

OOP = Out of pocket – what you are actually paying before receiving rewards, gift cards, rebate or submitting for cash back

OP = Original Poster

OYNO = On or Off Your Next Order ~Used mostly with Catalina offers

PG = Proctor and Gamble

Peelie = A coupon or rebate found attached to a product

Printable = A coupon that is printed from the internet, aka "IP"

PM = Price Match

Q = Coupon

Rebate = An offer to get all or part of your money back

RMN = RetailMeNot - A coupon insert that comes in the Sunday paper

RR = Register Rewards (Walgreens reward coupon – it's just a Catalina Coupon with a different name)

SASE = Self Addressed Stamped Envelope

S/H = Shipping and Handling

SS = Smart Source ~This is a coupon insert that comes in your Sunday paper

SQ = Store Coupons that tend to be issued by the store and you can find them in the store ad. Store Coupons and a Manufacturer Coupons typically can be used at the same time.

TQ – Target coupon (mostly found online). Also this is an example of a store coupon that may only be used at Target.

UPC = Universal Product Code ~ this is the bar code found on the package. It will have lines for the cashier to scan to ring up.

Wags = Walgreens

WSL = While Supplies Last

WYB = When you buy

YMMV = Your Mileage/Market May Vary ~ Meaning that it might not be the same at your store